

MEMORANDUM

TO: File
FROM: Fredd
RE: Symptoms of TBI
DATE: November 30, 1998

Some, but not all of the following problems, may occur following a traumatic brain injury. Any one of these symptoms, if severe enough, can be disabling:

1. Headaches
2. Memory problems
3. Attention and concentration problems
4. Personality change
5. Irritability, anger, and/or frustration
6. Difficulty with organizing tasks, planning, the day, preparing meals, planning a work day, or planning and organizing activities.
7. Fatigue or inability to get going
8. Inability to fall asleep or remain asleep
9. Balance and dizziness problems
10. Difficulty with reading or watching television
11. Speech and communication problems with inability to find the right words, inability to express thoughts, and misunderstanding of what others are saying
12. Difficulty in noisy environments, like the grocery store, restaurants, kids watching television in the next room, or work environment, which difficulty might not have been present before
13. Difficulty in social settings like parties, church, and such following multiple conversations
14. Depression which can be related to the traumatic brain injury itself or as a reaction to the changed abilities